

West Boylston Council on Aging Board Meeting Minutes
March 18, 2010

Attendance: Members present; Fran McHugh, Jan Myers, Carol McGuiggan, Maureen Osthues, Gail Radcliff

The meeting was called to order by Maureen Osthues at 6:20 PM. Secretary's report was read; a motion was made and seconded to accept the minutes as read with a spelling correction on the second page. The motion passed unanimously.

Director's Report: Marcia reported on the upcoming 2011 budget, which includes \$43,031.32 for Salary & Wages, and \$2,639.00 for purchased services (telephone & newsletter formatting). Marcia does not expect any further cuts in the COA budget this year. Marcia reviewed upcoming programs for the month of April including the 7 week program on My Life My Health for people with one or more chronic illnesses, A Fall Prevention Program, A Tai Chi Program, two programs we are co=sponsoring with the Library, and a program by the Better Business Bureau on Scams and how to prevent being Scammed.

Marcia reported the new Northboro Senior Center is open and will have an open house on Sunday, March 21st from noon until 4PM.

Marcia reviewed the Managing for results stating; many numbers were down due to weather; many cancelations for the van due to weather conditions.

Marcia asked for ideas on how to increase participation in the congregate lunch program; suggestions were as follows: bring a friend to lunch day, lunch with a Blood Pressure clinic coinciding, calling and inviting people.

Old Business: A review of goals was made; correction was pointed out on #4B, to change wording to Youth Groups rather than Scouts. We will continue to review the goals monthly.

New Business: No new business

Submitted by
Marcia Cairns
Director